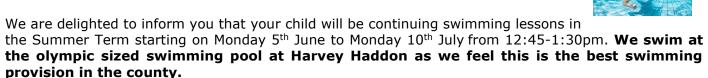


John Clifford School Nether Street Beeston Nottingham NG9 2AT

Telephone: 0115 9258057 Email: office@johnclifford.school Headteacher: Janine Waring

Year 6 Swimming Sessions from Monday June 5th -July 10th

Dear Parents / Carers,



Learning to swim is an important and rewarding life skill for the children who will gain confidence and become competent in and around water, with additional benefits such as co-ordination, team working, social skills, and incorporated essential health benefits. Also, swimming is a **compulsory part of the National Curriculum**; as by the end if YR6, all children must be able to swim 25m using a range of strokes, and perform safe self-rescue in different water based situations.

The children will need to bring a waterproof bag with a towel and their **swimming costume**. All girls and boys must wear a **one piece swimsuit** (no baggy shorts or shorts with pockets should be worn). Whole body swimsuits can be worn as long as they are not baggy or have pockets. **No** bikinis or tankinis are allowed to be worn. Please name all kit.



Children with long hair <u>must</u> have this tied back so a bobble must be provided and swimming hats are also recommended to help to keep long hair dry.

In the interest of safety to your child and others, please do not send your child to school wearing jewellery (including earrings) on a swimming day, jewellery can be torn out, swallowed and catch fittings below the water or scratch others. **Staff will not be responsible for looking after items or the removal of any such jewellery.** If it is not possible to remove jewellery, the individual concerned <u>MAY NOT</u> take part in the lesson except where religious practices are concerned where needs are met accordingly.

Children who have asthma will need to take their inhalers to the swimming pool.

We will continue with the goggles consent that you have already provided in Year 5. If you did not previously consent and now wish to wear goggles, please get in touch with the School Office.

Headteacher- John Clifford School

Nether Street | Beeston | Nottingham | NG9 2AT | 0115 9258057 | waring@johnclifford.school

