

John Clifford School Sex And Relationships Education (SRE) Whole School Planning Overview  
CWP Program of Study

|           | <b>Lesson 1</b>   | <b>Lesson 2</b>  | <b>Lesson 3</b>   | <b>Lesson 4</b> | <b>Vocabulary</b>  |
|-----------|---|--|---|-----------------|--|
| <b>FS</b> | <p><b>Title</b><br/>Our Families</p> <p><b>Learning Outcome</b><br/>To understand some areas in which children can look after themselves e.g. dressing, etc.</p>  | <p><b>Title</b><br/>Keeping Ourselves Clean</p> <p><b>Learning Outcome</b><br/>To explain why it is important to keep clean and understand some basic hygiene routines.</p>  | <p><b>Title</b><br/>Recognise that all families are different.</p> <p><b>Learning Outcome</b><br/>To identify different members of the family and understand how members of a family can help each other.</p> |                 | Dress, undress, clean, smelly, flannel, sponge, towel, hands, toothpaste, toothbrush, hairbrush, comb, family, mum, dad, brother, sister, grandma, grandad, stepmum, stepdad |
| <b>Y1</b> | <p><b>Title</b><br/>Keeping Clean</p> <p><b>Learning Outcome</b><br/>Know how to keep clean and look after ourselves.</p>   | <p><b>Title</b><br/>Growing and Changing</p> <p><b>Learning Outcome</b><br/>To understand that babies become children and then adults.<br/>To know the difference between boy and girl babies.</p>                               | <p><b>Title</b><br/>Families and Care</p> <p><b>Learning Outcome</b><br/>Know that there are different types of families and know which people we can ask for help.</p>                                       |                 | Clean, similar, different, family, boy, girl, male, female, private parts, penis, vagina.  |
| <b>Y2</b> | <p><b>Title</b><br/>Differences: Boys and Girls</p> <p><b>Learning Outcome</b><br/>To understand that some people have fixed ideas about what boys and girls can do (stereotypes) and describe the difference between male and female babies.</p> | <p><b>Title</b><br/>Difference: Males and Females</p> <p><b>Learning Outcome</b><br/>To describe some differences between male and female animals and to understand that making a new life needs a male and a female.</p>        | <p><b>Title</b><br/>Naming body parts</p> <p><b>Learning Outcome</b><br/>To describe the physical differences between males and females and names the male and female body parts.</p>                         |                 | Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vagina.   |
| <b>Y3</b> | <p><b>Title</b><br/>Differences: Male and Female</p> <p><b>Learning Outcome</b><br/>Know some differences and similarities between males and females, and name male and female body parts using agreed words.</p>                                 | <p><b>Title</b><br/>Personal Space</p> <p><b>Learning Outcome</b><br/>Identify different types of touch that people like and do not like.<br/>Understand personal space.<br/>Talk about ways of dealing with unwanted touch.</p> | <p><b>Title</b><br/>Family Differences</p> <p><b>Learning Outcome</b><br/>Understand that families are different and have difference family members.<br/>Know who to go to for help and support.</p>          |                 | Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vagina, womb, family, fostering, adoption, relationship.                       |

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| <p><b>Y4</b></p> | <p><b>Title</b><br/>Growing and Changing</p> <p><b>Learning Outcome</b><br/>Describe the main stages of the human lifecycle, and describe the changes that happen when a child grows up.</p> | <p><b>Title</b><br/>What is Puberty?</p> <p><b>Learning Outcome</b><br/>Discuss male and female body parts using agreed words, and know some of the changes which happen to the body during puberty.</p> | <p><b>Title</b><br/>Puberty, Changes and Reproduction</p> <p><b>Learning Outcome</b><br/>Know about the physical and emotional changes that happen in puberty, and understand that children change into adults so that they are able to reproduce.</p> |   | <p>Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings.</p>  |
| <p><b>Y5</b></p> | <p><b>Title</b><br/>Talking about Puberty</p> <p><b>Learning Outcome</b><br/>Explain the main physical and emotional changes that happen during puberty.</p>                                 | <p><b>Title</b><br/>Male and Female Changes</p> <p><b>Learning Outcome</b><br/>Understand how puberty affects the reproductive system, and describe how to manage physical and emotional changes.</p>    | <p><b>Title</b><br/>Puberty and Hygiene</p> <p><b>Learning Outcome</b><br/>Explain how to keep clean in puberty.<br/>Explain how emotions change during puberty.</p>   |   | <p>Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings.</p> |
| <p><b>Y6</b></p> | <p><b>Title</b><br/>Puberty and Reproduction</p> <p><b>Learning Outcome</b><br/>Describe how and why the body changes during puberty in preparations for reproduction.</p>                   | <p><b>Title</b><br/>Understanding Relationships</p> <p><b>Learning Outcome</b><br/>Discuss different types of adult relationships with confidence and know what form of touching is appropriate.</p>     | <p><b>Title</b><br/>Conception and Pregnancy</p> <p><b>Learning Outcome</b><br/>Describe the decisions that have to be made before having a baby.<br/>Know some basic facts about pregnancy and conception.</p>  | <p><b>Title</b><br/>Communicating in Relationships</p> <p><b>Learning Outcome</b><br/>Understand when it is appropriate to share personal information in a relationship.<br/>To know how and where to get support if an online relationship goes wrong.</p> | <p>Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal information, internet safety</p>    |

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