

# Summer Term

## Health and Wellbeing – Keeping Safe

H45 – that female genital mutilation (FGM) is against British Law; what to do and whom to tell if you or another person is at risk (Y6).

H42 – the importance of keeping personal information private; strategies for keeping safe online, including managing requests for personal information or images of themselves and others; what to do if frightened or worried by something seen or read online and how to report concerns, inappropriate content and contact (Y6).

H44 – how to respond and react in an emergency situation; identify situations that may require the emergency services (Y5).

H41 – strategies for keeping safe in the local environment (rail, water, road) and firework safety; safe use of digital devices when out and about (Y5).

H39 – about hazards (including fire risks) that can cause harm, injury or risk in the home (Y3).

H37 – reasons why regulations and restrictions should be complied with (including age restrictions) (Y3).

H35 – what to do when there is an accident and someone is hurt (Y2).

H33 – whose job is it to keep us safe? (Y2).

H31 – that household product (including medicines) can be harmful if not used correctly (Y2).

H29 – recognise risks in simple everyday situations and what actions to take to minimise harm (Y2).

H28 – about rules and age restrictions that keep us safe (Y1).

H46 – about the risks and effects of legal drugs (cigarettes/vaping, alcohol and medicines) and their impact on health; recognise drug use can become a habit.

H47 – recognise laws around the use of legal drugs and that some drugs are illegal to own, use or give to others.

H48- why people choose to use or not use drugs (including nicotine, alcohol, etc.)

H49 – about the mixed messages in the media about drugs, including alcohol and smoking/vaping.

H50 – about the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have any concerns.

H43 – what is meant by first aid; basic techniques for dealing with common injuries (Y5).

H40 – the importance of taking medicine correctly and using household products safely (following instructions) (Y4).

H38 – how to predict, assess and manage risk in different situations (Y3).

H36 – how to get help in an emergency (dialling 999 and what to say to the operator (Y2).

H32 – ways to keep safe in different environments and crossing the road safely (Y2).

H30 – about how to keep safe at home (including around electrical appliances) and fire safety (Y2).

H34 – basic rules to keep safe online, including what is meant by personal information and what should be kept private (Y1).