



Personal Social Health Education Curriculum Map

John Clifford School

Autumn Health and Wellbeing

FS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Healthy Bodies</p> <p>Healthy Minds</p> <p>Healthy Emotions to communicate their feelings to others, to recognise how others show feelings and how to respond</p> <p>Healthy Behaviours to recognise that their behaviour can affect other people</p> <p>the difference between secrets and nice surprises (that everyone will find out about eventually) and the importance of not keeping any secret that makes them feel</p>	<p><i>Healthy Bodies</i></p> <p>What helps keep bodies healthy; hygiene routines. Junior Leadership Link with Wellbeing Committee.</p> <p><i>Healthy Emotions</i> <i>Healthy Behaviours</i></p> <p>Recognising feelings in ourselves and others; sharing our feelings.</p> <p>All children learn age appropriate mindfulness techniques.</p> <p>All children receive basic lifesaving skills education.</p>	<p><i>Healthy Bodies</i></p> <p>Looking after ourselves by being active. Junior Leadership Link with Wellbeing Committee.</p> <p><i>Healthy Behaviours</i></p> <p>Behaviour; bodies and feelings can be hurt.</p> <p><i>Healthy Emotions</i></p> <p>The importance of talking about feelings with adults who can help.</p> <p>All children learn age appropriate mindfulness techniques.</p>	<p><i>Healthy Bodies</i></p> <p>What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habit. Junior Leadership Link with Wellbeing Committee.</p> <p>Discuss and debate health and wellbeing issues.</p> <p><i>Healthy Emotions</i> <i>Healthy Behaviours</i></p> <p>Recognising feelings in others; responding to how others are feeling.</p>	<p><i>Healthy Bodies</i></p> <p>What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs. Junior Leadership Link with Wellbeing Committee.</p> <p>Discuss and debate health and wellbeing issues.</p> <p><i>Healthy Behaviours</i></p> <p>Keeping something confidential or secret; when to break a confidence; recognise and manage dares.</p>	<p><i>Healthy Bodies</i></p> <p>What positively and negatively affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices. Junior Leadership Link with Wellbeing Committee.</p> <p>Discuss and debate health and wellbeing issues.</p> <p><i>Healthy Emotions</i> <i>Healthy Behaviours</i></p> <p>Responding to feelings in others.</p>	<p><i>Healthy Bodies</i></p> <p>Images in the media and reality; how this can affect how people feel; risks and effects of drugs. Junior Leadership Link with Wellbeing Committee.</p> <p>Discuss and debate health and wellbeing issues.</p> <p>Being critical of what is in the media and what they forward to others.</p> <p><i>Healthy Behaviours</i></p> <p>Confidentiality and when to break a confidence; managing dares.</p>

<p>uncomfortable, anxious or afraid</p> <p>to recognise what is fair and unfair, kind and unkind, what is right and wrong to share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class</p>		<p>All children receive basic lifesaving skills education.</p>	<p>All children learn age appropriate mindfulness techniques.</p> <p>All children receive basic lifesaving skills education.</p>	<p>All children learn age appropriate mindfulness techniques.</p> <p>All children receive basic lifesaving skills education.</p>	<p>All children learn age appropriate mindfulness techniques.</p> <p>All children receive basic lifesaving skills education.</p>	<p>Money</p> <p>Setting up an enterprise (Yearlong £1 'profit' project).</p> <p>All children learn age appropriate mindfulness techniques.</p> <p>All children receive basic lifesaving skills education.</p>
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Texts that link to the topic:

	 	 	 			 
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Key Events:

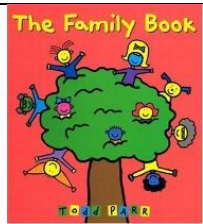
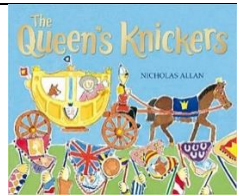
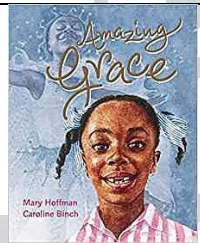
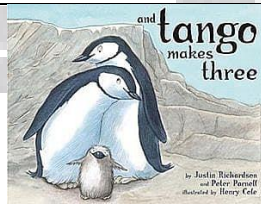
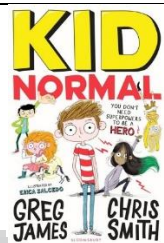
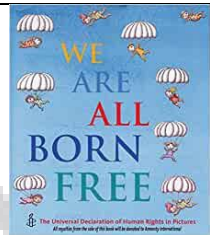
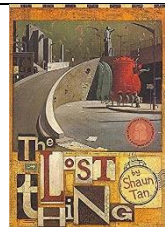
October – Anti-Bullying Week 2019 (Whole School)
 October – Black History Month (Whole School)

Spring Relationships

FS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	<p><i>Healthy Relationships</i></p> <p>Secrets and keeping safe; special people in their lives.</p> <p><i>Valuing Difference and Diversity</i></p> <p>Respecting similarities and differences in others; sharing views and ideas. Junior Leadership Link with Equality Committee.</p> <p><i>Keeping Safe</i></p> <p>Keeping safe around household products; how to ask for help if worried about something.</p>	<p><i>Healthy Relationships</i></p> <p>Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying.</p> <p><i>Valuing Difference and Diversity</i></p> <p>Respecting similarities and differences in others; sharing views and ideas. Junior Leadership Link with Equality Committee.</p> <p><i>Keeping Safe</i></p> <p>Keeping safe in different situations; how to ask for help if they are worried about something; privacy in different contexts.</p>	<p><i>Healthy Relationships</i></p> <p>Positive; healthy relationships and friendships; maintaining friendship; actions affect us and others; working collaboratively.</p> <p><i>Valuing Difference and Diversity</i></p> <p>Recognising and responding to bullying. Junior Leadership Link with Equality Committee.</p> <p><i>Keeping Safe</i></p> <p>School rules on health and safety; basic emergency aid; people who help them stay healthy and safe</p>	<p><i>Healthy Relationships</i></p> <p>Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers.</p> <p><i>Valuing Difference and Diversity</i></p> <p>Listen and respond effectively to people; share points of view. Junior Leadership Link with Equality Committee.</p> <p><i>Keeping Safe</i></p> <p>Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety (Links to E-Safety).</p>	<p><i>Healthy Relationships</i></p> <p>Actions have consequences; working collaboratively; negotiation and compromise; giving feedback.</p> <p><i>Valuing Difference and Diversity</i></p> <p>Listening to others; raise concerns and challenge negativity. Junior Leadership Link with Equality Committee.</p> <p><i>Keeping Safe</i></p> <p>Strategies for managing personal safety in the local environment; online safety; including sharing images; mobile phone safety (Links to E-Safety).</p>	<p><i>Healthy Relationships</i></p> <p>Different types of relationships; positive and healthy relationships; maintaining relationships; recognising when a relationship is unhealthy (including forced marriage); committed; loving relationships; marriage. Acceptable and unacceptable physical touch; personal boundaries and the right to privacy.</p> <p><i>Valuing Difference and Diversity</i></p> <p>Listening to others; raise concerns and challenge. What makes people the same or different; recognising and challenging stereotypes; discrimination and bullying. Junior</p>

						<p>Leadership Link with Equality Committee.</p> <p><i>Money</i></p> <p>Setting up an enterprise (Yearlong £1 'profit' project).</p> <p><i>Keeping Safe</i></p> <p>Independence; increased responsibility; keeping safe; influences on behaviour; resisting pressure; rights to protect their body and speaking out (including against FGM); who is responsible for their health and safety; where to get help and advice.</p>
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Texts that link to the topic:

						
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Key Events:

20th January – Martin Luther King Day
27th January – Holocaust Memorial Day
11th February – Safer Internet Day
24th February – 8th March – Fairtrade Fortnight

Summer

Living in the wider world – Economic wellbeing and being a responsible citizen

FS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	<p><i>Rights and Responsibilities</i></p> <p>Group and class rules; everybody is unique in some ways and the same in other.</p> <p><i>Environment</i></p> <p>Looking after the local environment (Links with Outdoor Education). Junior Leadership Link with Eco-Committee.</p> <p><i>Money</i></p> <p>Where money comes from; how to use money saving and spending money. Junior Leadership Link with</p>	<p><i>Rights and Responsibilities</i></p> <p>Group and class rules; respecting their own and others' needs; groups and communities they belong to; people who work in the community; getting help in an emergency.</p> <p><i>Environment</i></p> <p>Looking after the local environment (Links with Outdoor Education). Junior Leadership Link with Eco-Committee.</p> <p><i>Money</i></p> <p>Where money comes from;</p>	<p><i>Rights and Responsibilities</i></p> <p>Discuss and debate health and wellbeing issues. Being a part of the community and who works in the community.</p> <p><i>Environment</i></p> <p>Responsibilities; rights and duties (Links with Outdoor Education). Junior Leadership Link with Eco-Committee.</p> <p><i>Money</i></p> <p>Enterprise; what it means; developing skills in enterprise. Junior Leadership Link with</p>	<p><i>Rights and Responsibilities</i></p> <p>Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world.</p> <p><i>Environment</i></p> <p>Sustainability of the environment across the world (Links with Outdoor Education). Junior Leadership Link with Eco-Committee.</p> <p><i>Money</i></p> <p>Role of money; managing money (saving and budgeting); what is</p>	<p><i>Rights and Responsibilities</i></p> <p>Discuss and debate health and wellbeing issues. Rules and laws; changing rules and laws; anti-social behaviour; respecting and resolving differences.</p> <p><i>Environment</i></p> <p>Different rights; responsibilities and duties (Links with Outdoor Education). Junior Leadership Link with Eco-Committee.</p> <p><i>Money</i></p> <p>Importance of finance in people's lives; being a</p>	<p><i>Rights and Responsibilities</i></p> <p>Discuss and debate health and wellbeing issues. Human rights; the rights of child; cultural practices and British law. Being part of a community; groups that support communities. Being critical of what is in the media and what they forward to others.</p> <p><i>Environment</i></p> <p>How resources are allocated; effect of this on individuals; communities and environment (Links with Outdoor Education).</p>

	Fundraising Committee.	saving and spending money; making choices; keeping track of money spent/saved. Junior Leadership Link with Fundraising Committee.	Fundraising Committee.	meant by interest and loan. Junior Leadership Link with Fundraising Committee.	critical consumer; looking after money; interest; loan; debt management of money; tax. Junior Leadership Link with Fundraising Committee.	<p>Junior Leadership Link with Eco-Committee.</p> <p>Money</p> <p>Setting up an enterprise (Yearlong £1 'profit' project). Junior Leadership Link with Fundraising Committee.</p>
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Texts that link to the topic:

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Key Events:

6th – 12th May – Deaf Awareness Week
 5th June – World Environment Day
 June – Pride
 June 20th – Refugee Day