

Personal Social Health Education Curriculum Map

John Clifford School

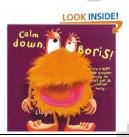
Autumn Health and Wellbeing

FS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Healthy Bodies	Healthy Bodies	Healthy Bodies	Healthy Bodies	Healthy Bodies	Healthy Bodies	Healthy Bodies
		ED54/254	No. Calculate	F / Minn.		
Healthy Minds	What helps keep	Looking after	What makes a	What makes a	What positively and	Images in the media
	bodies healthy;	ourselves by being	balanced diet;	balanced lifestyle and	negatively affects	and reality; how this
Healthy Emotions	hygiene routines.	active. <mark>Junior</mark>	opportunities for	making choices;	health and wellbeing;	can affect how
to communicate their	Junior Leadership	Leadership Link with	making own choices	drugs common to	making informed	people feel; risks and
feelings to others, to	Link with Wellbeing	Wellbeing	with food; what	everyday life;	choices; benefits of a	effects of drugs.
recognise how others	Committee.	Committee.	influences their food	hygiene and germs.	balanced diet;	Junior Leadership
show feelings and		/ //	choices; habit.	Junior Leadership	different influences	Link with Wellbeing
how to respond	Healthy Emotions	Healthy Behaviours	Junior Leadership	Link with Wellbeing	on food; skills to	Committee.
	Healthy Behaviours	/ 100 10	Link with Wellbeing	Committee.	make choices. Junior	
Healthy Behaviours		Behaviour; bodies	Committee.		Leadership Link with	Discuss and debate
to recognise that	Recognising feelings	and feelings can be	400000000000000000000000000000000000000	Discuss and debate	Wellbeing	health and wellbeing
their behaviour can	in ourselves and	hurt.	Discuss and debate	health and wellbeing	Committee.	issues.
affect other people	others; sharing our	_	health and wellbeing	issues.		
	feelings.	Healthy Emotions	issues.		Discuss and debate	Being critical of what
the difference		4000		Healthy Behaviours	health and wellbeing	is in the media and
between secrets and	All children learn	The importance of	Healthy Emotions		issues.	what they forward to
nice surprises (that	age appropriate	talking about feelings	Healthy Behaviours	Keeping something	. #	others.
everyone will find out	mindfulness	with adults who can		confidential or	Healthy Emotions	
about eventually)	techniques.	help.	Recognising feelings	secret; when to	Healthy Behaviours	Healthy Behaviours
and the importance			in others; responding	break a confidence;		
of not keeping any	All children receive	All children learn	to how others are	recognise and	Responding to	Confidentiality and
secret that makes	basic lifesaving	age appropriate	feeling.	manage dares.	feelings in others.	when to break a
them feel	skills education.	mindfulness	The second	P .		confidence;
		techniques.	-			managing dares.

uncomfortable, anxious or afraid	All children receive basic lifesaving skills education.	All children learn age appropriate mindfulness	All children learn age appropriate mindfulness	All children learn age appropriate mindfulness	Money Setting up an
to recognise what is fair and unfair, kind	1 1	techniques.	techniques.	techniques.	enterprise (Yearlong £1 'profit' project).
and unkind, what is	Garage Co.	All children receive	All children receive	All children receive	
right and wrong	4	basic lifesaving	basic lifesaving	basic lifesaving	All children learn
to share their opinions on things that matter to them and explain their	7	skills education.	skills education.	skills education.	age appropriate mindfulness techniques.
views through discussions with one other person and the			J-)_	\circ	All children receive basic lifesaving skills education.
whole class	7 72	exts that link to the top	ic.	-	



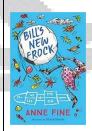


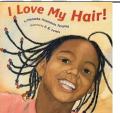
















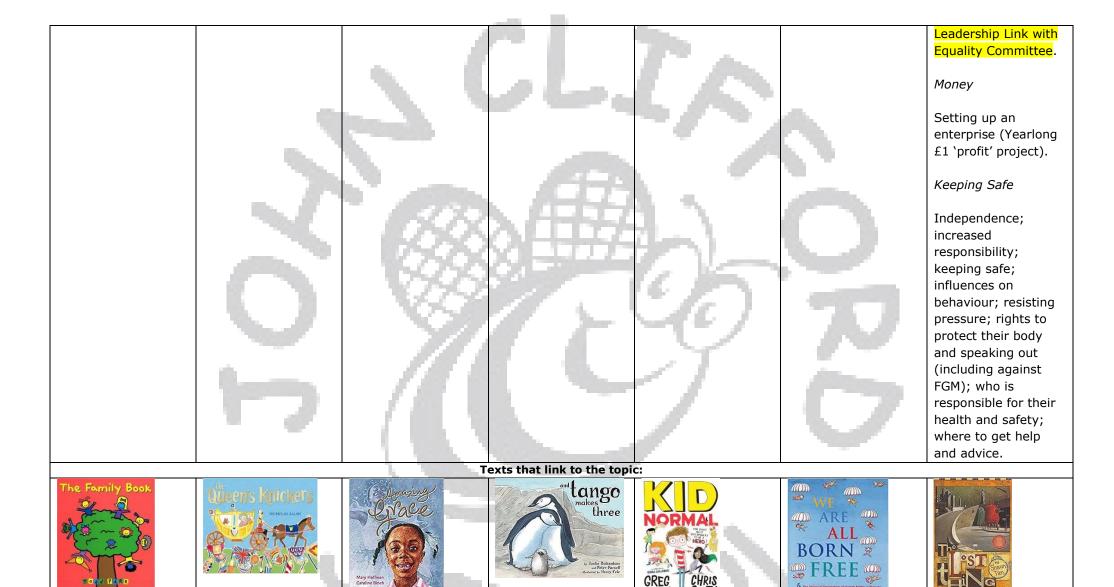


Key Events:

October – Anti-Bullying Week 2019 (Whole School)
October – Black History Month (Whole School)

Spring Relationships

FS Year		Year 3	Year 4	Year 5	Year 6
Healthy Relation	onships Healthy Relationships	Healthy Relationships	Healthy Relationships	Healthy Relationships	Healthy Relationships
Secrets and ke		Positive; healthy	Acceptable and	Actions have	Different types of
safe; special p		relationships and	unacceptable	consequences;	relationships;
in their lives.	cooperatively;	friendships;	physical contact;	working	positive and healthy
	appropriate and	maintaining	solving disputes and	collaboratively;	relationships;
Valuing Differe		friendship; actions	conflicts amongst	negotiation and	maintaining
and Diversity	teasing and bullying.	affect us and others;	peers.	compromise; giving	relationships;
- 40000	. " 8227507	working	M. 11.	feedback.	recognising when a
Respecting	Valuing Difference	collaboratively.	Valuing Difference	NA A SECOND	relationship is
similarities and		N. 1	and Diversity	Valuing Difference	unhealthy (including
differences in		Valuing Difference		and Diversity	forced marriage);
sharing views		and Diversity	Listen and respond	Catania to athere.	committed; loving
ideas. Junior	similarities and	Danamining and	effectively to people;	Listening to others;	relationships;
Leadership Lin		Recognising and	share points of view.	raise concerns and	marriage. Acceptable
Equality Comn		responding to	Junior Leadership	challenge negativity.	and unacceptable
Washing Cafe	ideas. Junior	bullying. Junior	Link with Equality	Junior Leadership	physical touch;
Keeping Safe	Leadership Link with Equality Committee.	Leadership Link with	Committee.	Link with Equality Committee.	personal boundaries and the right to
Kooning cafe a		Equality Committee.	Kaaning Cafa	Committee.	_
Keeping safe a household pro		Keeping Safe	Keeping Safe	Keeping Safe	privacy.
how to ask for		Reeping Sale	Strategies for	Reeping Sale	Valuing Difference
worried about		School rules on	managing personal	Strategies for	and Diversity
something.	different situations;	health and safety;	safety in the local	managing personal	and Diversity
Something.	how to ask for help if	basic emergency aid;	environment; online	safety in the local	Listening to others;
	they are worried	people who help	safety; including	environment; online	raise concerns and
	about something;	them stay healthy	sharing images;	safety; including	challenge. What
	privacy in different	and safe	mobile phone safety	sharing images;	makes people the
	contexts.	and sale	(Links to E-Safety).	mobile phone safety	same or different;
	Contexts.	B 2 400	(Links to L Surcey).	(Links to E-Safety).	recognising and
			1. 1	(challenging
	There I		The state of the s		stereotypes;
		I II II			discrimination and
	- 0	A Transfer			bullying. <mark>Junior</mark>



Key Events:

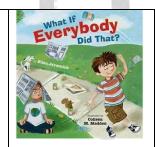
20th January – Martin Luther King Day 27th January – Holocaust Memorial Day 11th February – Safer Internet Day 24th February – 8th March – Fairtrade Fortnight

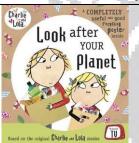
Summer Living in the wider world – Economic wellbeing and being a responsible citizen

J						
FS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Rights and	Rights and	Rights and	Rights and	Rights and	Rights and
	Responsibilities	Responsibilities	Responsibilities	Responsibilities	Responsibilities	Responsibilities
	The same of the sa	70.		400	n. "	
	Group and class	Group and class	Discuss and debate	Discuss and debate	Discuss and debate	Discuss and debate
	rules; everybody is	rules; respecting	health and	health and	health and	health and
	unique in some	their own and	wellbeing issues.	wellbeing issues.	wellbeing issues.	wellbeing issues.
	ways and the same	others' needs;	Being a part of the	Appreciating	Rules and laws;	Human rights; the
	in other.	groups and	community and	difference and	changing rules and	rights of child;
	Access to the second	communities they	who works in the	diversity in the UK	laws; anti-social	cultural practices
	Environment	belong to; people	community.	and around the	behaviour;	and British law.
	N. 21	who work in the	P. S	world.	respecting and	Being part of a
	Looking after the	community;	Environment	-7-	resolving	community; groups
	local environment	getting help in an	BF 48	Environment	differences.	that support
	(Links with	emergency.	Responsibilities;	2 B		communities.
	Outdoor	7.83 0	rights and duties	Sustainability of	Environment	Being critical of
	Education).	Environment	(Links with	the environment	1 70	what is in the
	Junior Leadership	/ 100 10	Outdoor	across the world	Different rights;	media and what
	Link with Eco-	Looking after the	Education).	(Links with	responsibilities and	they forward to
	Committee.	local environment	Junior Leadership	Outdoor	duties (Links with	others.
		(Links with	Link with Eco-	Education).	Outdoor	
	Money	Outdoor	Committee.	Junior Leadership	Education).	Environment
		Education).		Link with Eco-	Junior Leadership	
	Where money	Junior Leadership	Money	Committee.	Link with Eco-	How resources are
	comes from; how	Link with Eco-			Committee.	allocated; effect of
	to use money	Committee.	Enterprise; what it	Money	All .	this on individuals;
	saving and		means; developing	. // 16. 7	Money	communities and
	spending money.	Money	skills in enterprise.	Role of money;		environment (Links
	Junior Leadership	II. /	Junior Leadership	managing money	Importance of	with Outdoor
	Link with	Where money	Link with	(saving and	finance in people's	Education).
		comes from;	II Thomas	budgeting); what is	lives; being a	-

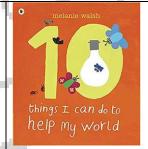
Fund	<mark>aising</mark>	saving and	Fundraising	meant by interest	critical consumer;	Junior Leadership
Comr	<mark>nittee.</mark>	spending money;	Committee.	and loan. <mark>Junior</mark>	looking after	Link with Eco-
		making choices;		Leadership Link	money; interest;	Committee.
		keeping track of	ب هستان اللب	with Fundraising	loan; debt	
	-	money	Sh	Committee.	management of	Money
	- 4	spent/saved.		-8 - 4	money; tax. Junior	
		Junior Leadership		- 4	Leadership Link	Setting up an
	100	Link with	40000		with Fundraising	enterprise
	700	Fundraising -	15-1-12	L	Committee.	(Yearlong £1
	- # T	Committee.		3. 4.	A COUNTY OF THE PARTY OF THE PA	'profit' project).
	400	#SC3-2	ን ሥተራራ	31 A	W 76	Junior Leadership
	-	86/34/5	α	Charte, 1	16. JP	Link with
	and the last of th	W/74/30			Thursday.	Fundraising
		D5000	4.Chadle	7 / lim.		Committee.

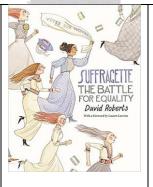
Texts that link to the topic:

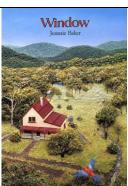












Key Events:

6th – 12th May – Deaf Awareness Week 5th June – World Environment Day June – Pride June 20th – Refugee Day